WWU SWIMMING VIKING INVITATIONAL SUNDAY, MARCH 13, 2022 Warm-up: 8 AM; Meet starts at 9 AM Sanctioned by PNA for USMS Inc. # 362-S002

LOCATION: Arne Hanna Aquatic Center 1114 Potter Street, Bellingham, WA 98229, (360) 778 - 7665

FACILITY: Competition 25 yards, 8 lanes. Temp 79-81°F. Continuous warm-up in the extra lanes not being used for competition. The number of lanes used for competition will range from 5 to 8, depending on the size of the meet. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. Starting end 6' deep, turning end 3.5' deep. Warm-up pool: 15 yds x 10 yd dive tank. At least 1 lane in competition pool may be available for continuous warm-up.

TIMING SYSTEM: The primary timing system will be manual timing. Times from this competition will be eligible for USMS Top 10 consideration, but not for world or USMS records.

MEET DIRECTOR: Marysia Smith, smith232@wwu.edu

(425) 943-1253

MEET REFEREE: Steve Ciatti, sciatti@sbcglobal.net

CONCESSIONS: Available

RULES: Current USMS rules will govern the meet.

ELIGIBILITY: Open to all 2022 USMS or foreign registered swimmers 18 and above as of 03/13/2022. Age groups based on the swimmer's age as of 03/13/2022.

ENTRIES: Swimmers may enter up to 4 individual events. Entries must be submitted online by 11:59 (Pacific) Wednesday, March 9, 2022. Entries will be closed if the timeline, before relays, reaches 3.75 hours.

DECK ENTRIES: Will only be available in OPEN LANES and only to swimmers already entered in the meet, and who are entered in less than the entry limit of 4 individual events.

SEEDING: All events slow to fast, age group and sexes mixed. Preseeding except for relays which are deck-entered. At the discretion of the Meet Referee and Meet Director, 5-8 lanes may be used for competition depending on meet size.

RELAYS: At the Meet: Deck-entry relays may be entered at the

- Women, Men, and Mixed relays will be seeded together
- A swimmer may swim on only one relay team (W, M, or Mixed) for each relay event (Events #8 and #16)
- Mixed relays require two men and two women
- Deck entries due by end of event #2 for #8: 200 Medley Relay

- Deck entries due by end of event #10 for Event #16: 200 Free Relay
- No charge for relays
- One or both relays may be canceled due to meet length
- Relay Only Swimmers: Wishing to swim only relays at the meet may do so. Same entry deadline and entry fee surcharge applies.

AWARDS: No awards will be available to purchase.

ORDER OF EVENTS:

1	200 Fly	9	200 Breast
2	200 Back	10	50 Free
3	50 Breast	11	100 Fly
4	100 Free	12	50 Back
5	200 IM	13	100 Breast
6	50 Fly	14	200 Free
7	100 Back	15	100 IM
	~5 min BREAK		~5 min BREAK
8	200 Medley Relay –	16	200 Free Relay –
	W/M/X		W/M/X

ENTRY FEES: \$16 USD (includes LMSC and timing surcharges) PLUS \$3 USD per individual event. No charge for relays. PNA swimmers who need financial assistance for entry fees may request same from the PNA Wiggin Fund.

ONLINE ENTRIES: Enter online at: <u>WWU Swimming Viking Invitational 2022 (3/13/2022) (clubassistant.com)</u> Your credit card will be charged by 'ClubAssistant.com Events' for this meet.

DIRECTIONS: Link to Google Maps. From North Bound I-5: Take Exit 253 for Lakeway Drive in Bellingham. Turn left onto Potter Street. From South Bound I-5: Take Exit 253 for Lakeway Drive in Bellingham. Turn left onto Lakeway Drive. Turn left onto Lincoln Street. Turn right onto Potter Street.

COVID-19 POLICIES: Vaccine cards are required and will be checked upon entry for anyone entering the building, if you believe you have special circumstances, please email the Meet Director. Masks must be always worn above the nose, except in the water, if one does not have mask or a mask up to code, a mask will be provided at no cost (enforced through employees and Meet Director). Masks must be N95/KN95, surgical, or layered cloth masks (neck gators and other mask alternatives not permitted due to the close space everyone will in). Warm-up will not include mixing of lanes and participants of different teams. Two 20 minute warm-up periods will be split by teams. When practicing dives, you must have your mask on until your turn is up next. Must put mask back on immediately after exiting the pool and must be vaccinated to swim. Limit social time in closed spaces (lobby, locker room) and work to space out bleacher seating. Participants are encouraged to reach out to Meet Director with any information/questions.



